## UNIVERSITY OF IL EXTENSION OFFICE WEBINAR SERIES

## MONEY BASICS

2ND WEDNESDAY OF THE MONTH

FEB
14
11:00 AM

PSYCHOLOGY OF MONEY - HAVE YOU EVER STOPPED TO THINK ABOUT WHY YOU MAKE THE MONEY DECISIONS THAT YOU DO? EXPLORING THE PSYCHOLOGY OF MONEY WILL HELP YOU GAIN A BETTER UNDERSTANDING OF THIS & HOW OUR OWN PERSONALITIES IMPACT OUR FINANCES.

MAR
13
11:00 AM

THE PRICE OF DEBT: HOW MUCH IS TOO MUCH? BORROWING MONEY CAN BE AN OPTION TO SUPPORT
FINANCIAL GOALS, BUT IT CAN BECOME OVERWHELMING.
LEARN FACTORS THAT GO INTO BORROWING MONEY &
DETERMINE HOW IT CAN FIT YOUR OWN VALUES.

APR 10 11:00 AM

UNDERSTANDING CREDIT - WHAT IS CREDIT AND WHY IS IT SO IMPORTANT TO HAVE GOOD CREDIT? LET'S DEMYSTIFY CREDIT REPORTS & CREDIT SCORES TOGETHER!

MAY 8 11:00 AM STRATEGIES FOR DEBT REPAYMENT - DEBT CAN BE DISTRESSING. IF YOU HAVE DEBT OR ARE PLANNING ON TAKING ON DEBT, DO YOU HAVE A PLAN TO PAY THE MONEY BACK? EXPLORE SOME DIFFERENT STRATEGIES FOR PRIORITIZING DEBT REPAYMENT.

JUN 12 11:00 AM SMART SAVING STRATEGIES - BUILDING HEALTHY,
SUSTAINABLE SAVINGS HABITS CAN BE EXTREMELY
OVERWHELMING WHEN STARTING FROM SCRATCH. WE WILL
COME TOGETHER & TALK ABOUT SOME SIMPLE STRATEGIES
THAT CAN HELP IMPROVE YOUR FINANCIAL FUTURE.

JUL 10 11:00 AM KEYS TO FINANCIAL SECURITY - DO YOU FEEL YOUR FINANCIAL PLAN NEEDS A REFRESH? FINANCIAL PLANNING CAN BE SHORT-TERM, LONG-TERM, OR IDEALLY BOTH. DISCOVER SOME STEPS TO FOCUS ON YOUR FINANCIAL SECURITY & WORK TOWARD IMPROVING YOUR FINANCIAL WELL-BEING.

MONEY BASICS IS A FREE WEBINAR SERIES FOCUSED ON IMPROVING FINANCIAL WELL-BEING BY PROVIDING PARTICIPANTS SIMPLE TOOLS TO USE IN THEIR EVERYDAY LIVES.

CONTACT BRIDGES TO RSVP: 815-431-8034



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## MONEY BASICS

MONEY BASICS IS A MONTHLY SERIES OF 6 FREE WEBINARS FOCUSED ON IMPROVING FINANCIAL WELL-BEING.

THE SERIES COVERS THE PSYCHOLOGY OF MONEY, THE COST OF DEBT, UNDERSTANDING CREDIT, STRATEGIES FOR DEBT REPAYMENT, SAVING STRATEGIES, & KEYS TO FINANCIAL SECURITY IN A NON-JUDGMENTAL ENVIRONMENT.

STRUGGLING FINANCIALLY CAN NEGATIVELY IMPACT
YOUR PHYSICAL & MENTAL HEALTH. INCREASING
FINANCIAL LITERACY IS LINKED TO HIGHER FINANCIAL
WELL-BEING.

THIS WEBINAR SERIES PROVIDES SIMPLE TOOLS FOR PARTICIPANTS TO USE IN EVERYDAY LIFE THAT WILL SUPPORT THEIR FINANCIAL WELLNESS.





FEB 14
MAR 13
APR 10
MAY 8
JUN 12
JUL 10

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